



WCRC Gym Schedule

May 5 - 18, 2025

● Pickleball ● Free Play ● WCP&R Leagues ● Volleyball ● Basketball ● Rental ● Fitness

GYM 1

	MON	TUES	WED	THURS	FRI	SAT	SUN
6 AM	6am-9am	6am-9am	6am-9am	6am-9am	6am-9am		
7 AM	Free Play	Free Play	Free Play	Free Play	Free Play		
8 AM						9am-10am Open Play Beginners	
9 AM	9am-2pm Adult Open Gym	9am-2pm Adult Open Gym	9am-10am Adult Open Gym		10-11am Intermediate PB Clinic \$5	10am-11am Beginners 101 Pickleball Clinic	
10 AM					11am-1pm Adult Pickleball		
11 AM			10:30am-12:30 pm 55+ Doubles Round Robin	9am-5pm Adult Open Gym			
12 PM			1pm-3pm Age 65+ Round Robin				
1 PM						11:30am- 5pm Adult Open Gym	12pm-5pm Adult Open Gym
2 PM	2-4pm Co-ed 3.5+ Pickleball	2:30-3:30pm Beginners 101 PB Clinic		Pickleball	1pm-5pm Friends & Family Pickleball		
3 PM			3pm-5pm Friends & Family Pickleball				
4 PM							
5 PM	5pm-8pm Adult Open Gym	5pm-8pm Adult Open Gym	5pm-8pm Adult Open Gym	5pm-8pm Adult Open Gym	5pm-8pm Adult Open Gym	5pm-8pm Friends & Family Pickleball	
6 PM							
7 PM							

Gym 2

	MON	TUES	WED	THURS	FRI	SAT	SUN
6 AM	6am-9am	6am-9am	6am-9am	6am-9am	6am-9am		
7 AM	Free Play	Free Play	Free Play	Free Play	Free Play		
8 AM							
9 AM			9am-10am Adult Open Gym	9am-2pm Adult Open Gym	9am-2pm Adult Open Gym		
10 AM		9am-2pm Adult Open Gym					
11 AM	9am-5pm Adult Open Gym		10:30am-12:30 pm 55+ Doubles Round Robin			8am-5pm Adult Open Gym Pickleball	
12 PM		Pickleball	1pm-3pm Age 65+ Round Robin				12pm-5pm Open Gym Pickleball
1 PM							
2 PM		2pm-5pm Friends & Family PB		2pm-5pm Friends & Family PB	2pm-5pm Friends & Family PB		
3 PM			3p -5p Pickleball				
4 PM							
5 PM	5pm-8pm Friends & Family Pickleball	5pm-8pm Friends & Family Pickleball	5pm-8pm Friends & Family Pickleball	5pm-8pm Friends & Family Pickleball	5pm-8pm Friends & Family Pickleball	5pm-8pm Friends & Family Pickleball	
6 PM							
7 PM							

GYM 3

	MON	TUES	WED	THURS	FRI	SAT	SUN
6 AM	6am-8am	6am-8am		6am-8am	6am-8am		
7 AM	Free Play	Free Play		Free Play	Free Play		
8 AM	8:30-9:15am CardSculpt	8:30-9:30 am Functional Fitness	6am- 9:30am Free Play	8:30-9:30am Functional Fitness	8:30-9:15am Cardio Sculpt		
9 AM	10:15-11am Zumba						
10 AM	11-11:45am Cardio Core		9:45-10:30am Cardio Core				
11 AM		11:45-12:30pm Zumba				8am - 5pm Free Play	
12 PM			11-12:30 Womens 3.5+ 1-3pm 65+ RR PB	9:30am- 5pm Free Play	9:30am- 5pm Free Play		12pm-5pm Free Play
1 PM							
2 PM	12pm-5pm Free Play	1pm-5pm Free Play					
3 PM			3pm-5pm Free Play				
4 PM							
5 PM	5pm-8pm Free Play	5pm-8pm Free Play	5pm-8pm Free Play	5pm-8pm Basketball Free Play	5pm-8pm Free Play	5pm-8pm Free Play	
6 PM							
7 PM							

GYM 4

	MON	TUES	WED	THURS	FRI	SAT	SUN
6 AM							
7 AM							
8 AM							
9 AM							
10 AM	6am-5pm Free Play	6am-3pm Free Play	6am-5pm Free Play	6am-5pm Free Play	6am-5pm Free Play		
11 AM						3pm-5pm Open Gym Basketball	
12 PM							12pm-5pm Open Gym Basketball
1 PM							
2 PM							
3 PM		3-5pm Special Olympics					
4 PM							
5 PM	5pm-8pm Basketball Free Play	5pm-8pm Basketball Free Play	5pm-8pm Basketball Free Play	5:30-6:30 Zumba	5pm-8pm Basketball Free Play	5pm-8pm Open Gym Basketball	
6 PM				6:45-8pm Free Play			
7 PM							

Schedule subject to change based on WCP&R program needs and facility rental reservations

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