WCRC Lap Pool (Winter)

November 2, 2026 - February 7, 2027

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim 6:00 A - 3:45 P Deep Water Aerobics 10:00 A - 11:00 A	Lap Swim 6:00 A - 3:45 P	Lap Swim 6:00 A - 3:45 P Deep Water Aerobics 10:00 A - 11:00 A	Lap Swim 6:00 A - 3:45 P	Lap Swim 6:00 A - 3:45 P Deep Water Aerobics 10:00 A - 11:00 A	Watauga Swim Team 9:00 A - 11:00 A Lap Swim 11:00 A -12:00 P 4 Lap swim lanes w/ climbing wall open 12:00 P - 6:30 P
Watauga Swim Team 3:45 P -6:45 P	Watauga Swim Team 3:45 P - 6:45 P	Watauga Swim Team 3:45 P - 6:45 P	Watauga Swim Team 3:45 P - 6:45 P	Watauga Swim Team 3:45 P - 6:45 P	
Watauga High 6:30 P - 7:45 P	Watauga High 6:30 P - 7:45 P Masters Swim Team 6:00 P - 7:15 P (2 lanes)	Watauga High 6:30 P - 7:45 P	Watauga High 6:30 P - 7:45 P Masters Swim Team 6:00 P - 7:15 P (2 lanes)	Watauga High/ Lap Swim 6:30 P - 7:30 P	

Sunday

4 Lap lanes w/ climbing wall open
12:30 P - 4:30 P

- Lap/Open Swim
- Deep Water Aerobics
- Watauga Swim Team
- Masters Swim Team
- Aqua Boot Camp
- Watauga High School

When Watauga County Schools are out, the rock wall may open at 12 PM.

WCRC Rec Pool (Fall, Winter, Spring)

Begins August 17, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Aerobics 9 AM -10 AM	Water Aerobics 9 AM -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM
Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A
Special Programming 11 A - 12 P	Special Programming 11 A - 12 P	Special Programing 11 A- 12 P	Special Programing 11 A- 12 P	Public Swim 11 A - 7:30 P	Swim Lessons 11 A - 12 P
Adult Swim 2 P - 3 P	Public Swim 2 P - 4 P	Adult Swim 2 P - 3 P	Public Swim 2 P - 4 P		Public Swim 12 P - 6:30 P
Public Swim 3 P - 4 P	Swim Lessons 4 P - 5:30 P	Public Swim 3 P - 4 P	Swim Lessons 4 P - 5:30 P		
Swim Lessons 4 P - 5:30 P	Water Aerobics 5:30 P - 6:30 P	Swim Lessons 4 P - 5:30 P	Water Aerobics 5:30 P - 6:30 P		
Public Swim 5:30 P - 7:30 P	Public Swim 6:30 P - 7:30	Public Swim 5:30 P - 7:30 P	Public Swim 6:30 P - 7:30 P		

Sunday
Public Swim 12:30 P - 4:30 P

- Water Aerobics
- Special Programming
- Adult Swim
- Public Swim
- Swim Lessons

Rec pool is closed to the public Monday through Thursday 12 P - 2 P.