

# WCRC Lap Pool (Spring)

February 9 - June 1, 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Lap Swim 6:00 A - 3:30 P</p> <p>Deep Water Aerobics 10:00 A - 11:00 A</p>	<p>Lap Swim 6:00 A - 3:30 P</p>	<p>Lap Swim 6:00 A - 3:30 P</p> <p>Deep Water Aerobics 10:00 A - 11:00 A</p>	<p>Lap Swim 6:00 A - 3:30 P</p> <p>Deep Water Aerobics 10:00 A - 11:00 A</p>	<p>Lap Swim 6:00 A - 3:30 P</p> <p>Deep Water Aerobics 10:00 A - 11:00 A</p>	<p>Watauga Swim Team 9:00 A - 11:00 A</p> <p>Lap Swim 11:00 A - 12:00 P</p> <p>4 Lap swim lanes w/ climbing wall open 12:00 P - 6:30 P</p>
<p>Watauga Swim Team 3:30 P - 6:30 P</p>	<p>Watauga Swim Team 3:30 P - 6:30 P</p>	<p>Watauga Swim Team 3:30 P - 6:30 P</p>	<p>Watauga Swim Team 3:30 P - 6:30 P</p>	<p>Watauga Swim Team 3:30 P - 6:30 P</p>	
<p>Lap Swim 6:30 P - 7:30 P</p> <p>Masters Swim Team 6:00 P - 7:15 P (3 lanes)</p>	<p>Lap Swim 6:30 P - 7:30 P</p>	<p>Lap Swim 6:30 P - 7:30 P</p>	<p>Lap Swim 6:30 P - 7:30 P</p> <p>Masters Swim Team 6:00 P - 7:15 P (3 lanes)</p>	<p>Lap Swim 6:30 P - 7:30 P</p>	<p>Sunday</p> <p>4 Lap lanes w/ climbing wall open 12:30 P - 4:30 P</p>
				<p>Beginning February 23rd, lanes will be shared with swim lessons.</p>	



Lap/Open  
Swim



Deep Water  
Aerobics



Watauga  
Swim Team



Masters Swim  
Team



Swim  
Lessons/  
Watauga  
Barracudas

# WCRC Rec Pool (Fall, Winter, Spring)

As of August 18, 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Aerobics 9 AM -10 AM	Water Aerobics 9 AM -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM
Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A
Homeschool Open Swim 11 A-12 P	Special Programming 11 A - 12 P	Special Programing 11 A- 12 P	Special Programing 11 A- 12 P	Public Swim 11 A - 7:30 P	Swim Lessons 11 A - 12 P
Public Swim 2 P - 4 P	Public Swim 2 P - 4 P	Public Swim 2 P - 4 P	Public Swim 2 P - 4 P		Public Swim 12 P - 6:30 P
Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P		Sunday
Public Swim 5:30 P - 7:30 P	Water Aerobics 5:30 P - 6:30 P	Public Swim 5:30 P - 7:30 P	Water Aerobics 5:30 P - 6:30 P		Public Swim 12:30 P - 4:30 P
	Public Swim 6:30 P - 7:30		Public Swim 6:30 P - 7:30 P		

Water Aerobics

Special Programming

Adult Swim

Public Swim

Home School Open Swim

Swim Lessons

Rec pool is closed to the public  
Monday through Thursday 12 P- 2 P.