

# Official Entry Form

35<sup>th</sup> Annual

## High Country Senior Games

May 2 - June 7, 2025



# MEDICARE

**April 24th Early Bird Deadline**

**May 11th Final Deadline**



# HCSG General Information

## Eligibility

High Country Senior Games participants must be 50 years of age or better by December 31, 2025; own property in or be a resident of Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, or Yancey county for a minimum of three consecutive months during a calendar year. Participants will compete against others of their own age and sex (unless mixed doubles) in these age divisions: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, and 100+. In doubles events, the age of the youngest player determines the age division for competition.

## Rules

All HCSG events will be conducted in accordance with the 2025 edition of the North Carolina Senior Games, Inc. Official Rules and SilverArts Booklet. The official rule books are available online at [www.ncseniorgames.org](http://www.ncseniorgames.org). For doubles/mixed doubles events, your entry is NOT COMPLETE until your partner's form has been received. Partners will not be assigned at events.

## Registration

Completed online or paper registration with payment is required prior to competition. The Early Bird fee is \$15. The Final Registration Fee is \$20. Registration must be submitted at least three days prior to your first competition. Your registration fee includes a participant t-shirt, a complimentary ticket to the Opening Ceremony Breakfast, all athletic and art competitions, awards presentations, lunch during some athletic competitions, and admission to the Closing Ceremony SilverArts. Additional fees are required for bowling, golf, mini golf, and the Closing Ceremony dinner. *No refunds will be issued unless the event cannot be offered.*

## Equipment

Participants are required to provide their own equipment for golf, disc golf, pickleball, tennis, and racquetball. In other events using equipment, participants may use their own equipment if it meets the official standards for NCSG.

## Weather

Unless weather conditions create hazardous or an unsafe environment for participants, volunteers, and staff, events will proceed as scheduled. HCSG staff reserves the right to cancel or reschedule events to a later time due to weather or extenuating circumstances. The Weather Line number is 828.264.9512.

## Awards & Qualifications

All athletic medalists (1, 2, or 3) qualify to participate in the North Carolina Senior Games State Finals in September of 2025. Only golfers meeting the minimum performance score (MPS), in addition to finishing 1, 2, or 3 in the HCSG will qualify to participate in golf at State Finals. All participants who complete a Local Games Fun Walk, Football Throw, Softball Throw, or Basketball Shooting will qualify in that event for State Finals. In SilverArts, The Best in Show winner for Performing Arts qualifies to compete at State Finals. First, second, and third place medalists in each Visual and Heritage Arts subcategory (not won by the same artist) qualify for State Finals, and first and second place medalists in each Literary Arts subcategory (not won by the same artist) qualify for State Finals.

## State Finals

All events offered at the local level will also be offered at State Finals, with the exception of those noted on your registration form. Medalists may request a NCSG Entry Packet from the High Country Senior Games staff. The NCSG State Finals Early Bird deadline is July 1st, with a hard deadline of August 1st. Entries received after August 1st will not be accepted and will be returned. 2025 is not a qualifying year for National Senior Games. More information about the national games can be found at [www.nsga.com](http://www.nsga.com).



Serving Ashe, Alleghany, Avery, Mitchell, Watauga, Wilkes & Yancey counties  
231 Complex Drive, Boone, NC 28607  
828-264-9511

[craig.lands@watgov.org](mailto:craig.lands@watgov.org)

Registration Deadlines: Early Bird - April 24 | Online - May 11

## 2025 SCHEDULE OF EVENTS

WCRC - Watauga Community Recreation Center

### Wednesday, April 23

9:30am	Cycling (1Mile, 5K, & 10K)	Morganton Freedom High School
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### Friday, May 2

8:30am - 9:30am	Breakfast for Champions - RSVP required	Appalachian Brian Estates
9:00am - 10:00am	Drop off Silver Arts Entries	Appalachian Brian Estates
10:00am	Bocce	Appalachian Brian Estates
10:00am	Horseshoes	Appalachian Brian Estates

### Tuesday, May 6

9:00am - 1st tee time	Golf - You will receive an email on your time	Mountain Aire Golf Course
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### Wednesday, May 7

10:00am - 1:00pm	Bowling Singles	High Country Lanes
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### Thursday, May 8

10:00am - 12:00pm	Bowling - Doubles	High Country Lanes
12:00pm - 2:30pm	Bowling - Mixed Doubles	High Country Lanes

### Tuesday, May 13 (Rain Date Wednesday, May 14)

9:30am	50 Meter Run	Watauga High School Track
9:30am	100 Meter Run	Watauga High School Track
9:45am	200 Meter Run	Watauga High School Track
9:45am	400 Meter Run	Watauga High School Track
10:00am	800 Meter Run	Watauga High School Track
10:15am	1500 Meter (Run, Power Walking)	Watauga High School Track
10:30am	5K (Run, Power Walking)	Watauga High School Track
10:30am	1 Mile Fun Walk	Watauga High School Track
10:30am - 12:30pm	Softball Throw	Watauga High School Track
10:30am - 12:30pm	Football Throw	Watauga High School Track
10:30am - 12:30pm	Discus	Watauga High School Track
10:30am - 12:30pm	Shot Put	Watauga High School Track
10:30am - 12:30pm	Running Long Jump	Watauga High School Track
10:30am - 12:30pm	Standing Long Jump	Watauga High School Track
10:30am - 12:30pm	Triple Jump (local event)	Watauga High School Track
1:00pm	Awards for Track & Field Events	Watauga High School Track

### Thursday, May 15

9:00am	Racquetball	Deer Valley Athletic Club
10:00am	Tennis (Singles, Doubles, Mixed Doubles)	Deer Valley Athletic Club





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Registration Deadlines: Early Bird - April 24 | Online - May 11

## 2025 SCHEDULE OF EVENTS

WCRC - Watauga Community Recreation Center

### Monday, May 19

6:00pm	Volleyball Tournament (6-on-6)	WCRC Gymnasium
6:00pm - 6:30pm	Basketball Shooting	WCRC Gymnasium
6:45pm	Basketball Tournament (3-on-3)	WCRC Gymnasium

### Tuesday, May 20

9:00am	Swimming (warm-ups begin @ 9:00am)	WCRC Lap Pool
2:00pm	Billiards	Country Retreat Family Billiards & Grill

### Thursday, May 22

10:00am	Cornhole (Singles, Doubles, Mixed Doubles)	WCRC Gymnasium
2:00pm	Table Tennis (Singles, Doubles, Mixed Doubles)	WCRC Community Room

### Tuesday, May 27

10:00am	Disc Golf	Ashe County Park Disc Golf Course
2:00pm	Mini Golf	Bo's Family Entertainment

### Wednesday, May 28

9:00am	Pickleball Doubles	WCRC Gymnasium
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### Thursday, May 29

9:00am	Pickleball Mixed Doubles	WCRC Gymnasium
1:00pm	Pickleball Singles	WCRC Gymnasium

### Wednesday, June 4

5:30pm - 9:00pm	Grand Celebration Banquet (purchase dinner tickets)	Appalachian Ski Mountain
5:30pm - 9:00pm	Silver Arts Exhibition & Awards	Appalachian Ski Mountain
5:30pm - 9:00pm	Performing Arts Showcase & Awards	Appalachian Ski Mountain
9:00pm	Pick-up Silver Arts Entries	Appalachian Ski Mountain

### Saturday, June 7

10:00am	Shuffleboard	Linville Land Harbor
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A SPECIAL THANKS TO OUR PLATINUM SPONSORS





# High Country Senior Games Official Entry Form

FIRST NAME \_\_\_\_\_ MI \_\_\_\_\_ LAST NAME \_\_\_\_\_  
MAILING ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ COUNTY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
HOME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_  
DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE AS OF 12/31/2025 \_\_\_\_\_ T-SHIRT? YES \_\_\_ NO \_\_\_ SIZE \_\_\_\_\_  
ETHNICITY: African American or Black \_\_\_\_\_ American Indian or Alaska Native \_\_\_\_\_ Asian \_\_\_\_\_  
Hispanic \_\_\_\_\_ Native Hawaiian or other Pacific Islander \_\_\_\_\_ White \_\_\_\_\_ Non-Disclosed \_\_\_\_\_

## Fees

Early Bird Registration Fee — by April 24, 2025 ..... \$15 \_\_\_\_\_  
Final Deadline Registration Fee — by May 11, 2025 ..... \$20 \_\_\_\_\_  
Opening Ceremony Breakfast ..... FREE \_\_\_\_\_  
SilverArts Banquet & Closing Ceremony .....# of tickets \_\_\_\_ x \$15 \_\_\_\_\_  
Closing Ceremony Spectator ..... FREE \_\_\_\_\_  
HCSG "Friends" Donation ..... \$50-99 \_\_\_\_\_  
HCSG "Supporter" Donation ..... \$100-199 \_\_\_\_\_  
HCSG "Champion" Donation ..... \$200+ \_\_\_\_\_  
"My donation is in honor/memory of \_\_\_\_\_"  
HCSG Platinum Sponsor ..... \$1,000 \_\_\_\_\_  
HCSG Gold Sponsor ..... \$750 \_\_\_\_\_  
HCSG Silver Sponsor ..... \$500 \_\_\_\_\_  
HCSG Bronze Sponsor ..... \$250 \_\_\_\_\_  
HCSG Corporate Sponsor ..... \$100 \_\_\_\_\_  
**TOTAL AMOUNT PAID** ..... \$ \_\_\_\_\_

## Submission Information

Mail entry form with payment to: High Country Senior Games, 231 Complex Dr, Boone, NC 28607

Online Registration: <http://torch.ncseniorgames.org>

Registration Assistance: Contact Watauga County Parks & Recreation — 828.264.9511

### OFFICE USE ONLY

Date: \_\_\_\_\_ Receipt#: \_\_\_\_\_  
Fee: \$ \_\_\_\_\_ Cash / Ck / CC Staff: \_\_\_\_\_

# HCSG Athletic Events

FIRST NAME \_\_\_\_\_ MI \_\_\_\_\_ LAST NAME \_\_\_\_\_

## Individual Sports

Check	Activity	Date	Location
	Cycling 1 mile	4/23/25	Freedom HS
	Cycling 5K	4/23/25	Freedom HS
	Cycling 10K	4/23/25	Freedom HS
	Cycling - 1M recumbent bike	4/23/25	Freedom HS
	Cycling - 5K recumbent bike	4/23/25	Freedom HS
	Cycling - 10K recumbent bike	4/23/25	Freedom HS
	Cycling - 1M recumbent trike	4/23/25	Freedom HS
	Cycling - 5K recumbent trike	4/23/25	Freedom HS
	Cycling - 10K recumbent trike	4/23/25	Freedom HS
	Discus	5/13/25	Watauga HS
	Shot Put	5/13/25	Watauga HS
	Running Long Jump	5/13/25	Watauga HS
	Standing Long Jump	5/13/25	Watauga HS
	Triple Jump *	5/13/25	Watauga HS
	Football Throw	5/13/25	Watauga HS
	Softball Throw	5/13/25	Watauga HS
	50M Dash	5/13/25	Watauga HS
	100M Dash	5/13/25	Watauga HS
	200M Dash	5/13/25	Watauga HS
	400M Dash	5/13/25	Watauga HS
	800M Dash	5/13/25	Watauga HS
	1500M Run	5/13/25	Watauga HS
	1500M Power Walking	5/13/25	Watauga HS
	5K Power Walking	5/13/25	Watauga HS
	Fun Walk	5/13/25	Watauga HS

## Swimming Events

Check	Activity	Date	Location
	25M Backstroke *	5/20/25	WCRC
	50M Backstroke	5/20/25	WCRC
	100M Backstroke	5/20/25	WCRC
	200M Backstroke	5/20/25	WCRC
	25M Breaststroke *	5/20/25	WCRC
	50M Breaststroke	5/20/25	WCRC
	100M Breaststroke	5/20/25	WCRC
	200M Breaststroke	5/20/25	WCRC
	25M Butterfly *	5/20/25	WCRC
	50M Butterfly	5/20/25	WCRC
	100M Butterfly	5/20/25	WCRC
	200M Butterfly	5/20/25	WCRC
	25M Freestyle *	5/20/25	WCRC
	50M Freestyle	5/20/25	WCRC
	100M Freestyle	5/20/25	WCRC
	200M Freestyle	5/20/25	WCRC
	500M Freestyle	5/20/25	WCRC
	100M Individual Medley	5/20/25	WCRC
	200M Individual Medley	5/20/25	WCRC
	400M Individual Medley	5/20/25	WCRC
	Basketball Shooting	5/19/25	WCRC
	Golf (\$)	5/6/25	Mountain Aire GC
	Disc Golf	5/27/24	Ashe County Park Disc Golf
	Mini Golf (\$)	5/27/24	Bo's Family Entertainment

Check	Activity	Date	Location	Team Name
	Basketball (3 vs 3)	5/19/25	WCRC	
	Volleyball (6 vs 6)	5/19/25	WCRC	
	Softball	TBD	WCRC Complex Fields	



# HCSG Sports & Activities

FIRST NAME \_\_\_\_\_ MI \_\_\_\_\_ LAST NAME \_\_\_\_\_

## Tournament Sports

Check	Activity	Date	Location	Partner's Name
	Billiards	5/20/25	Country Retreat Family Billiards	
	Bocce Singles	5/2/25	Appalachian Brian Estates	
	Cornhole	5/22/25	WCRC	
	Cornhole Doubles	5/22/25	WCRC	
	Cornhole Mixed Doubles	5/22/25	WCRC	
	Horseshoes	5/2/25	Appalachian Brian Estates	
	Racquetball	5/15/25	Deer Valley AC	
	Shuffleboard	6/7/25	Linville Land Harbor	
	Bowling Singles (\$)	5/7/25	High Country Lanes	
	Bowling Doubles (\$)	5/8/25	High Country Lanes	
	Bowling Mixed Doubles (\$)	5/8/25	High Country Lanes	
	Pickleball Singles	5/29/25	WCRC	
	Pickleball Doubles	5/28/25	WCRC	
	Pickleball Mixed Doubles	5/29/25	WCRC	
	Table Tennis Singles	5/22/25	WCRC	
	Table Tennis Doubles	5/22/25	WCRC	
	Table Tennis Mixed Doubles	5/22/25	WCRC	
	Tennis Singles	5/15/25	Deer Valley AC	
	Tennis Doubles	5/15/25	Deer Valley AC	
	Tennis Mixed Doubles	5/15/25	Deer Valley AC	

- \* Event not offered at NCSG State Finals WCRC — Watauga Community Recreation Center
- \$ Additional Fees Apply

## **Breakfast for Champions**

Friday, May 2 @ 8:30 a.m.

Kick off the 2025 High Country Senior Games with the Breakfast for Champions

Breakfast is FREE for registered High Country Senior Games Participants

Fellowship with your HCSG Family followed by bocce & horseshoes

Join us for the High Country Senior Games opening events at Appalachian Brian Estates:  
Bocce at 10:00 a.m. & Horseshoes at 10:00 a.m.

### **PRE-REGISTRATION REQUIRED**

Please RSVP to Craig Lands by Friday, April 25, 2025 if you will be attending. You may also pre-register with your High Country Senior Games paper registration. Tickets for this event are not available at the door. To pre-register or for more information, contact Craig Lands at 828-264-9511 or [craig.lands@watgov.org](mailto:craig.lands@watgov.org)



## HCSG SilverArts Entry Form

FIRST NAME \_\_\_\_\_ MI \_\_\_\_\_ LAST NAME \_\_\_\_\_

**Heritage Arts** **Limit of three entries per subcategory**

Check	Activity	Title of Piece/Entry
	Basket Weaving	
	Stained Glass	
	Crocheting	
	Pottery (Thrown & Hand Built)	
	Jewelry	
	Knitting	
	Needlework	
	Quilting (Machine Stitched)	
	Quilting (Hand Stitched)	
	Weaving	
	Tole Painting	
	Wood Working	
	Wood Carving	
	Wood Turning	
	General Fiber Arts	
	Ceramics *	

- \* Event not offered at NCSG State Finals

**Visual Arts** **Limit of three entries per subcategory**

Check	Activity	Title of Piece/Entry
	Acrylic	
	Digital Art	
	Mixed Media 2D (New)	
	Mixed Media 3D (New)	
	Oil	
	Pastels	
	Photography (Film)	
	Photography (Digital)	
	Sculpture	
	Watercolor	



# HCSG SilverArts Entry Form

FIRST NAME \_\_\_\_\_ MI \_\_\_\_\_ LAST NAME \_\_\_\_\_

Literary Arts **Limit of three entries per subcategory**

Check	Activity	Title of Piece(s)/Entry(ies)
	Essay	
	Life Experience	
	Poem	
	Short Story	

## Performing Arts

Check	Sub-Category	# in Act	Act Name	Song Title	Equipment Needs
	Comedy/Drama				
	Line Dance				
	Vocal				
	Instrumental				
	Dance				
	Tai Chi *				

- \* Event not offered at NCSG State Finals

## Cheerleading

Check	Group Name	Head Cheerleader	# in Squad	Music Title

## Grand Celebration Banquet Appalachian Ski Mountain

Wednesday, June 4, 2025 @ 5:30 p.m.

Celebrate the 35th Annual High Country Senior Games in grand style!  
Join us on Wednesday, June 4th for dinner and entertainment at Appalachian Ski Mountain.  
Bring your family and friends for this evening of elegance and the SilverArts Showcase.

Special performances by your very own High Country SilverArtists!!

**TICKETS \$15** (in advance)  
\$20 at the door!

**Come join us!**

For more information, call 828-264-9511

# SILVERARTS GUIDELINES & REQUIREMENTS

## Heritage Arts

- Entries must be the original work of the individual and not a group. Patterns may be used, but no stamped pieces will be accepted.
- Pottery must be hand built or thrown.
- Ceramic molds will not be accepted at NCSG State Finals.
- All framed entries must be securely wired, ready to be hung (no serrated hooks or string). Two-dimensional work not properly framed and wired will not be displayed.
- Framed entries can be no larger than 36" x 42", including matting and frame.
- Entries can weigh no more than 50 pounds.
- All entries, except framed work, must be able to be displayed in an area 3'(W)x5'(H).
- Groupings (sets) shall have no more than three separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the three pieces of the set.
- Artist's name and title of entry must appear on, or be attached to entry for identification.
- Artist must send a photo of entry with State Finals Entry Form and SilverArts Information Form. Photos will not be returned.
- Artists or their representatives are responsible to deliver and pick up their entry at the designated time and place.
- The Heritage Arts piece entered at State Finals must be the same entry that won at the HCSG.
- An artist may only submit one entry per sub-category at State Finals.

## Visual Arts

- All artwork, except sculpture, must be framed (or gallery wrapped), securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.
- Artwork, except sculpture, can be no larger than 36"x42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- Sculpture groupings (sets) may have no more than three pieces per grouping.
- Mixed media may be a freestanding piece.
- Freestanding entries must be able to be displayed in an area 3'(W)x3'(L)x5'(H).
- Artists or their representatives are responsible to deliver and pick up their entry at the designated time and place.
- In on site assembly is required, details must be specified on the Information Form for approval.
- The piece must be an original work, not a print.
- Artist's name and title of entry must appear on, or be attached to entry for identification.
- Artist must send a photograph of entry with State Finals Entry Form and SilverArts Information Form. Photos will not be returned.
- The Visual Art piece entered at State Finals must be the same entry that won at the HCSG.
- An artist may only submit one entry per sub-category at State Finals.

## Literary Arts

- All entries must be typed, double-spaced, on 8 1/2"x11" paper and have a minimum of 1" margins. A minimum font size of 10 pt. is required. (Prefer Times New Roman or Arial font)
- Poems can be no longer than 40 lines.
- Short stories, essays, and life experiences can be no longer than eight pages.
- All entries must have a title page, which includes title of entry, sub-category, and name of artist.
- Artist's name must not appear on the content pages.
- A display quality copy of the winning Literary Arts entries, and two additional copies, should be submitted to NCSG by the artist with their official State Finals Entry Form and SilverArts Information Form. No framed or matted entries will be accepted.
- The original and all copies become property of HCSG and NCSG.
- The Literary Arts piece entered at State Finals must be the same entry that won at the HCSG.
- An artist may only submit one entry per sub-category at State Finals.

## Performing Arts

- Performing artists are limited to three minutes of on-stage time. Exceeding the time limit will result in automatic disqualification.
- Performing entries may be one of the following: (1) Soloists; (2) Small Group, 2-4 ppl; (3) Large Group, 5 or more performers. Accompanists will not be counted to determine size of the act. No one under age 50 as of December 31st will be permitted on stage, and the accompanist must be a registered participant.
- If recorded music is used, it must be an mp3 file (submitted electronically or via flash drive) or a high quality CD, with no other music on the CD. Music must be sent with Silver Arts Entry Form. No recorded instruction is permitted. Music may be picked up following the performance.
- Artists must provide all props.
- Voice presentations must be a live performance by the artist. Accompaniment can be recorded. Lip-sync is not permitted as a performing art.
- The group leader must completed the SilverArts Entry Form for the group and submit it with the HCSG registration form. Other members of the group must submit their own registration form.
- The performance at State Finals Must be the same performance that wins at the HCSG.
- Only the "Best in Show" winner is eligible for State Finals competition.



# AMATEUR ATHLETIC WAIVER & RELEASE

In consideration of being allowed to participate in any way in the High Country Senior Games athletics/fitness/sports/arts program, and related events and activities, the undersigned:

1. Agrees that prior to participating, he/she will inspect the facilities and equipment to be used, and if he/she believes anything is unsafe, he/she will advise the coach, volunteer or supervisor of such condition(s) and refuse to participate.
2. Acknowledges and fully understands that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from his own actions, inactions, or negligence, but the actions, inactions, or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assumes all the foregoing risks and accepts personal responsibility for the damages following such injury, permanent disability, or death. Understands that to promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended and that higher-intensity types of activities are offered primarily for the conditioned, trained athlete.
4. Releases, waives, discharges, and covenants not to sue High Country Senior Games, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsors, advertisers, and, if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasee," from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses, or damages on account of injury including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.
5. Agrees that all press coverage of the Senior Games may be used for the promotion of the High Country Senior Games or for promotion of the North Carolina Senior Games. Anyone officially connected with High Country Senior Games or with radio, television, or the newspaper may interview or take my picture for official use only with Senior Games.
6. **Agrees that he/she is responsible for (a) checking with the Local Games Coordinator to determine if he/she qualified for State Finals or Nationals and to get a North Carolina Senior Games Entry Packet if internet access is unavailable; (b) understands that the North Carolina Senior Games office must receive completed registration with payment and all required items in the NCSG office in Raleigh by 11:59pm on August 1st; (c) understands that the State Finals deadline is strictly enforced in fairness to all; and (d) understands that it is the individual's responsibility to make sure registration forms are submitted and received.**

*The undersigned has read the above waiver and release, understands that he/she has given up substantial rights by signing below, and signs it voluntarily.*

Printed Name: \_\_\_\_\_ "I have read this release"

Signature: \_\_\_\_\_ "I have read this release"

## Health Information

*The staff and volunteers of the High Country Senior Games are committed to creating a healthy and safe environment for all participants, staff, and spectators. We request that participants consult their doctor regarding preparation for, and competition in, Senior Games or any similar activity. Your health, wellness, and safety are our top concern.*

- ⇒ Medical conditions, allergies, or health concerns \_\_\_\_\_
- ⇒ Current medications \_\_\_\_\_
- ⇒ Physician's Name \_\_\_\_\_
- ⇒ Physician's Phone Number \_\_\_\_\_
- ⇒ Emergency Contact Name \_\_\_\_\_ Relationship \_\_\_\_\_
- ⇒ Emergency Contact Phone Number \_\_\_\_\_ Attending Games? \_\_\_\_ Yes \_\_\_\_ No



# A SPECIAL THANKS

to our Platinum Sponsors . . .

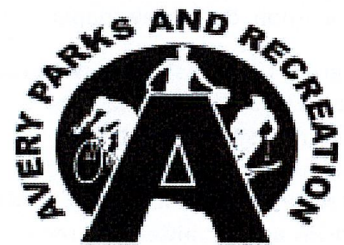


rental retirement community



# MEDICARE

to our Silver Sponsors . . .



to our Bronze Sponsors . . .



to our Corporate Friends . . .

Barr Evergreens of NC, LLC

. . . who make your  
**Senior Games possible.**