

Western Watauga Senior Center

May 2025

Mon	Tue	Wed	Thu	Fri
			1 Lap Quilting 9a Bridge 10a Community Meal 4p Walking 2-4p	2 Sewing 9a BINGO 9:45a \$Chair Yoga 9:45a Weaving 10a
5 Poetry 10a Bone Builders 10:30a	6 Woodcarving 9a Walking 2-4p	7 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	8 Lap Quilting 9a Bridge 10a HHC Food Give Out 3p Walking 2-4p	9 Sewing 9a BINGO 9:45a \$Chair Yoga 9:45a Weaving 10a
12 Poetry 10a Bone Builders 10:30a	13 Woodcarving 9a Walking 2-4p	14 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	15 Lap Quilting 9a Bridge 10a Community Meal 4p Walking 2-4p	16 Sewing 9a BINGO 9:45a \$Chair Yoga 9:45a Weaving 10a
19 Poetry 10a Bone Builders 10:30a BRAHM Art 12p	20 Woodcarving 9a Walking 2-4p	21 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	22 Lap Quilting 9a Bridge 10a HHC Food Give Out 3p Walking 2-4p	23 Sewing 9a BINGO 9:45a \$Chair Yoga 9:45a Weaving 10a
26 CLOSED 	27 Woodcarving 9a Walking 2-4p	28 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a Hopscotch 11:30	29 Lap Quilting 9a Bridge 10a HHC Food Give Out 3p Walking 2-4p	30 Sewing 9a BINGO 9:45a \$Chair Yoga 9:45a Weaving 10a



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The senior center will be closed on Monday May 26th for Memorial Day. We will resume normal hours on Tuesday May 27th.

We will be having a lettuce planting class on Thursday May 15th at 10:30am with Paige from the NC State cooperative extension. Sign ups are located across from the main desk. Join us and take home your own lettuce plant!

Farmers Market Vouchers will be arriving soon! If you would like to be added to get a voucher, please call Molly to get on the list.

Join Kayla with BRAHM on Monday May 19th at 12pm for our monthly art program! This month, she'll focus on Pacita Abad for Asian American and Pacific Islander Heritage Month. Over a 32 year career, Filipina artist Pacita Abad has made a vast number of artworks that traverse a diversity of subjects—from colorful masks to intricately constructed underwater scenes to abstract compositions—revealing visual, material, and conceptual concerns that still resonate today. Come create a drawing inspired by Abad for AAPI Month. All supplies are provided and class is free for registered participants.

Beginning in May, weaving will only be held on Friday mornings at 10:30am in Classroom B. If you would like to join weaving or have any questions, please contact Molly or Susan Sharpe.

Western Watauga food outreach is continuing to do community meals on the first and third Thursday of every month. Meals will be held on Thursday May 1st and Thursday May 15th from 4-6pm. WWFO continues to hand out food items every Thursday starting at 3pm. If you have questions about the food give out or signing up, please ask Molly or call the Hunger and Health Coalition at 828-262-1628.

Hopscotch Primary Care will join us for a lunch and learn on Wednesday May 28th at 11:30am. Call Molly if you want to sign up for lunch that day!

If you are interested in planting seeds in our raised garden beds, please let Molly know so that we can get them planted as soon as possible!

If you have any questions about an upcoming class or activity, ask Molly!

Molly Presnell, Senior Center Director

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